

# FCHP Select Care Premium Saver Basic II

## Benefit Summary

---

### FCHP Select Care network

Fallon Community Health Plan Select Care gives you access to an extensive network of doctors and community-based hospitals throughout Massachusetts. You can be seen at physician practices, community hospitals and medical facilities across our service area, giving you a wide choice of health care providers.

### The FCHP difference

With FCHP Select Care Premium Saver Basic II, you get everything you need to live a healthy life. This plan features comprehensive medical benefits for lower monthly premiums and slightly higher out-of-pocket expenses compared to our other plans. There are no deductibles, but you do have a copayment on hospital admissions. In addition, you get:

- **\$0 copayments for routine physical exams**
- **Preventive dental services** for the whole family with participating dentists.
- **A fitness reimbursement of up to \$400** for families (\$200 for individual contracts)
- **Member discounts** on products and services to keep you healthy and features you won't find anywhere else.

### How to receive care

#### Choosing a primary care provider (PCP)

Your relationship with your PCP is very important because he or she will work with FCHP to provide or arrange most of your care. To pick a PCP, just complete the section on your FCHP membership enrollment form.

### Obtaining specialty care

When you want to visit a specialist, talk with your PCP first. He or she will help arrange specialty care for you. The following services do not require a referral when you see a provider in your plan's network: routine obstetrics/gynecology care, screening eye exams, behavioral health services and some dental services. For more information on referral procedures for specialty services, consult your FCHP Select Care *Member Handbook/Evidence of Coverage*.

### Emergency medical care

Emergency services do not require referral or authorization. When you have an emergency medical condition, you should go to the nearest emergency department or call your local emergency communications system (police, fire department or 911). For more information on emergency benefits and plan procedures for emergency services, consult your FCHP Select Care *Member Handbook/Evidence of Coverage*.

### Specialty medication

Specialty medication that falls under the medical benefit will apply towards your deductible. For more information, please contact FCHP's Customer Service Department at 1-800-868-5200.


Plan specifics	
<b>Calendar year out-of-pocket maximum</b> The out-of-pocket maximum is the total amount of inpatient admissions copayments, same day surgery copayments and prosthetic limbs coinsurance that you are responsible for in a calendar year.	\$3,000 individual/ \$6,000 family
Benefits	Your cost
<b>Office</b>	
Routine physical exams (according to MHQP preventive guidelines)	\$0
Office visits (primary care provider)	\$25 per visit
Office visits (specialist)	\$40 per visit
Office visits (limited service clinics, e.g., Minute Clinic)	\$25 per visit
Routine eye exams (one every 12 months)	\$25 per visit
Short-term rehabilitative services (60 visits per calendar year)	\$25 per visit
Prenatal care	\$25 first visit only
Postnatal care	\$25 per visit
Preventive services Tests, immunizations and services geared to help screen for diseases and improve early detection when symptoms or diagnosis are not present	Covered in full
Diagnostic services Tests, immunizations and services that are intended to diagnose, check the status of, or treat a disease or condition	Covered in full
Imaging (CAT, PET, MRI, Nuclear Cardiology)	\$150 per visit
Chiropractic care (12 visits per calendar year)	\$25 per visit
<b>Prescriptions</b>	
<b>Tier 1/Tier 2/Tier 3</b>	
Prescription drugs, including oral contraceptives, insulin and insulin syringes	\$15/\$50/\$100 (30-day supply)
Prescription medication refills obtained through the mail order program	\$30/\$100/\$200 (90-day supply)
Prilosec OTC, Prevacid 24HR, omeprazole OTC (prescription required)	\$5
<b>Inpatient hospital services</b>	
Room and board in a semiprivate room (private when medically necessary)	\$1,200 copayment
Physicians' and surgeons' services	Covered in full
Physical and respiratory therapy	Covered in full
Intensive care services	Covered in full
Maternity care	Covered in full
<b>Same-day surgery</b>	
Same day surgery in a hospital outpatient or ambulatory care setting	\$800 per surgery
<b>Emergencies</b>	
Emergency room visit	\$150 copayment (waived if admitted)

<b>Benefits</b>		<b>Your cost</b>
<b>Dental benefits and discounts</b>		
Exams (twice annually) including cleanings and routine X-rays		\$10 copayment
Fillings (minor restorative) when performed by a general dentist		Variable copayments
Sealants, crowns and inlays, bridges, root canals, gingivectomies and dentures when performed by a general dentist		25% to 50% discount
Specialist services such as periodontist, endodontist or prosthodontist		20% discounts
<b>Skilled nursing</b>		
Skilled care in a semiprivate room		\$1,200 copayment
<b>Substance abuse</b>		
Office visits		\$25 per visit
Detoxification in an inpatient setting		Covered in full
Rehabilitation in an inpatient setting		Covered in full
<b>Mental health</b>		
Office visits		\$25 per visit
Services in a general or psychiatric hospital		Covered in full
<b>Other health services</b>		
Skilled home health care services		Covered in full
Durable medical equipment (\$1,500 per calendar year)		Covered in full
Medically necessary ambulance services		Covered in full
<b>Value added features</b>		
It Fits!, an annual fitness reimbursement (including school and town sports programs, gym memberships, Weight Watchers®, aerobics, Pilates and yoga classes)		\$200 individual \$400 family
Oh Baby!, a program that provides prenatal vitamins, a convertible car seat and other "little extras" for expectant parents—all at no additional cost.		Included
Free 24/7 nurse call line		Included
Free chronic care management		Included
Free stop-smoking program		Included
Member discount program		Included
Free online access to health and wellness encyclopedia		Included
CVS Caremark ExtraCare Health Card – provides 20% discount on CVS/pharmacy Brand health related items.		Included
<b>Exclusions</b>		
Hearing aids and the evaluation for a hearing aid		
Long-term rehabilitative services		
Nonprescription drugs and vitamins		
Cosmetic surgery		
Experimental procedures or services that are not generally accepted medical practice		
Dental services not described in the FCHP Select Care <i>Member Handbook/Evidence of Coverage</i>		
Routine foot care		
Custodial confinement		

**Some services may require preauthorization.** A complete list of benefits and exclusions is in the FCHP Select Care Member Handbook/Evidence of Coverage, available by request. This is only a summary of benefits and exclusions.

## Questions?

If you have any questions, please contact Fallon Community Health Plan Customer Service at 1-800-868-5200 (TDD/TTY: 1-877-608-7677), or visit our Web site at [fchp.org](http://fchp.org).

 This health plan **meets minimum creditable coverage standards** and **will satisfy** the individual mandate that you have health insurance. As of January 1, 2010, the Massachusetts Health Care Reform Law requires that Massachusetts residents, eighteen (18) years and older, must have health coverage that meets the minimum creditable coverage standards set by the Commonwealth Health Insurance Connector.

Benefits may vary by employer group.

Weight Watchers® is a registered trademark of Weight Watchers International, Inc.

07-702-096 Rev. 05 4/10