

Finally, healthcare covering your entire family for less than \$1/day.

Join the Revolution.





# Welcome to the Healthcare Revolution.



#### **About Us**

MyHealthPass is revolutionizing the way healthcare services are delivered. Having MyHealthPass is like having your own healthcare clinic in the cloud.

We help our member's deal with everyday health issues providing individualized support and access to healthcare services that are affordable, accessible and easy to understand.

# We are your Healthcare Clinic in the Cloud.

Healthcare in America has become "reactive". We typically only seek treatment once there is a problem. However, this is where the real challenges begin.

It is becoming more and more difficult to find a doctor. The national average time to simply get an appointment to see a doctor is in excess of 2 weeks. Once at the doctor, you spend longer times in the waiting room around others who are sick, than you do with the doctor.

With MyHealthPass, you gain access to speak to Board-Certified Physicians, licensed health coaches and professional health advisors as well as 24/7 access to online tools and services.

#### Services Included

- 24/7 Access to Doctors
- Personal Health Assessment
- Licensed Health Coaches
- Free Lab Testing
- Personal Health Advisors
- Medical Procedure Pricing Tool
- Prescription Assistance
- Individualized Nutritional Program
- Member Private Exchange
- HIPAA Compliant, Secure Member Area

# MyHealthPass is America's Pass to Personalized Healthcare.





## We need an evolution in healthcare.

## Healthcare in America Today

The cost of healthcare is rising, people are uninsured or underinsured, and Medicare and Medicaid are in crisis.

Why are costs going up?

- America has an aging population that is living longer.
- Most Americans live a sedentary life, leading to obesity.
- Cardiovascular disease from poor diets and other related illnesses.
- The price of prescription drugs.
- More and more of the healthcare costs shifting to the consumer.
- Lack of affordable access.

#### The Facts

- The combined cost of heart disease, cancer, diabetes, stroke, high blood pressure and osteoporosis is \$405 Billion a year.
- Economic costs of obesity-related illness topped \$17 Billion last year.
- Dept. of Agriculture estimates better diets could reduce health care costs by at least \$71 Billion a year.
- CDC estimates children with Type II Diabetes can expect to spend \$7,500 more per year for medical care than non-diabetic kids.

#### Did You Know?

- 70% of Doctors visits can be handled over the phone.
- 2 Million Americans have Diabetes
- 1 out of 3 Americans have High Blood Pressure.
- Depression is the leading cause of Disability in the U.S.
- 2 out of 3 Americans are considered Obese.
- 60% of all illness and disease can be caused by Stress.

Let us show you what the evolution of healthcare looks like.





It's 2 am and your child has a fever, what do you do? Use MyHealth MD and call a doctor anytime, anywhere.

## Consult With A Doctor = \$0

Save time and get treated without leaving home.

MyHealthPass members get access to Board-Certified doctors and pediatricians 24 hours a day / 7 days a week via phone or online. Our national network of physicians can resolve many of your medical issues, diagnose, treat and \*prescribe medication when appropriate.

### Now That is Personalized Healthcare

#### Speak to a doctor in minutes!

Our doctors are here to help. Get in touch with a MyHealthPass Associate today.



### Did you know?

- 70% of Emergency Room visits could be handled by phone or webcam.
- Average time spent in an ER waiting room is 1-2 hours.
- A shortage of family doctors could reach 40,000 in next 10 years.
- You and your family get unlimited access to consults.
- Doctors average call back time is 16 minutes.

\*"Teladoc doctors do not issue prescriptions for substances controlled by the DEA, non-therapeutic, and/or certain other drugs which may be harmful because of their potential for abuse. These include, but are not limited to, antidepressant drugs such as Cymbalta, Prozac and Zoloft which are drugs that are harmful due to their potential for abuse. Also, non-therapeutic drugs such as Viagra and Cialis are not prescribed by Teladoc doctors."



© Excellent

□ Average

□ Poor

# A scientifically based health assessment that is individualized to you and your goals



### Patented Online Health Assessment

Provides personalized results that are clinically driven. Our simple online Personal Health Assessment helps you to identify key health risks, poor eating habits and nutritional deficiencies. The assessment draws upon scientific data from over 5,000 clinical studies and 1,500 worldwide evidence based medical and nutritional journals.

## A Targeted Nutritional Recommendation

Take your MyHealth Personal Health Assessment today!

To learn more about this revolutionary health tool, contact a MyHealthPass Associate today.



#### Features Include

- Patented Online Assessment
- Clinically Driven Nutrient and Dose Recommendations
- Safety Screened for Drug, Nutrient and Allergy Interactions
- Addresses Specific Nutritional Gaps
- Individually Designed Nutritional Supplement Recommendations
- HIPAA Compliant & Secure





Need some motivation? Want to learn how to manage your stress? Speak with a Health Coach.

## Have a Health Question? Call Us

Access qualified health coaches by phone or email.

We believe your health should not be a concern only when you're sick. Take a proactive approach to your healthcare. Our Health Coaches are available to assist you in managing health and lifestyle issues we face every day.

## You Get Six FREE Coaching Sessions

Contact Us!

Our Qualified Health Coaches are here to help. To learn more, contact a MyHealthPass Associate today.



#### Features Include

- Managing Stress
- Weight-Loss Goals
- Life & Relationship Issues
- Sleep Disorders
- Fatigue
- Depression
- Targeted Nutritional Recommendations
- Chronic Disease
   Management
- Exercise & Fitness
- And More...





Get access to a nationwide network of lab testing facilities and receive two FREE lab tests per year.

## Receive 2 FREE Lab Tests per Year

Members can get two free lab tests valued at almost \$500 each. Members receive a Blood Spot Collection Kit which includes testing materials for Advanced Cholesterol, Complete Lipid Panel and A1c Test.

Results are delivered to your home 5 days after kit is submitted.

## Save up to \$1,000 per year



#### **Common Tests**

- Comprehensive Wellness Profile
- C-Reactive Protein
- Hemoglobin A1c
- Testosterone, Total & Free
- Progesterone
- Vitamin D
- Fibrinogen
- Cholesterol
- Triglycerides
- Blood Panels
- And More...





Don't have insurance to cover your prescription drugs? Need help finding generic alternatives? MyHealth Rx Assist can help.

## A Real Prescription Drug Program

Prescription drugs account for over 11% of the overall U.S. healthcare expenditures. In 2013, the top 3 most prescribed drugs increased in price an average of 9.3%, with an average monthly cost of over \$365 per prescription.

Roughly 100 million Americans qualify for some type of prescription drug assistance. The system is very difficult to navigate and many go without these valuable benefits. Are you one of them?

## Locate. Compare. Save.

Our professional health advocates will help you find the lowest price on prescription drugs, saving as much as 95% off retail. We can also help those members who qualify, get their prescriptions FREE directly from the drug manufactures.

Make sure you are getting the absolute best price for your prescription drugs. You could save hundreds to thousands of dollars per year. Don't buy your prescriptions until speaking to us. **To learn more, contact a MyHealthPass Associate today.** 



#### **Features**

- Savings of up to 95% off retail
- We search national and regional pharmacies
- Available to all family members
- No limits on usage
- Online pharmacy locator
- Online tool to find generic alternatives
- Access to mail-order savings
- Free and subsidized programs available





It's difficult to determine the price of healthcare expenses. Costs can vary widely depending on where you go. We can help you find the best price.

## **Compare Hundreds of Procedures**

Our pricing tool compares hundreds of procedures by zip code, allowing members to quickly and easily understand what the true cost of the service or procedure should be. We will help show you the "Fair Price" of the healthcare service you need.

## Locate. Compare. Save.

Simply call us and we can help find you the provider that offers you the best value. Want to learn more?
Contact a MyHealthPass Associate today.



#### Search for...

- Hospitals
- Physicians
- Specialists
- X-Rays
- Imaging
- labs
- Cosmetic Medicine
- Dental
- Vision
- Hearing Aids
- Prescription Drugs
- And more...





Low back pain is the #1 cause of disability in the world. Get lasting relief from your pain spending just 10 minutes a day.

## The First and Only Clinically Proven Digital Health Solution to Treat Back Health.

Thirty-Three million people experience some level of low back pain every day spending \$37 billion per year. That is an average of \$8,000 per episode. Low back pain is the #2 reason people don't go to work, second only to the common cold. Feel better in just 10 minutes per session. Our Certified Health Coaches provide expert guidance and progress monitoring.

# Back Pain Relief – Easy. Effective. Affordable. Convenient.

Developed from over 22 years of clinical experience treating over 10,000 patients suffering from Lower Back Pain. MyHealthyBack is a simple, easy to do, and highly effective 8-week online program for people suffering from low back pain. To learn more, contact a MyHealthPass Associate today!



#### **Features**

- Proven, online 8-week program for low back pain
- Feel Better in Just 10 Minutes Per Session
- No More Deductibles or Costly Procedures
- Recover 50% Faster Than Seeing a Doctor
- No More Appointments or Office Visits

The Healthcare Clinic in the Cloud.



Save an average of 62% on uncovered medical bills with our medical debt reduction service. The process is easy, fast and affordable.

Our team of Patient Advocates negotiate with providers to lower uncovered medical bills. We negotiate medical, vision or dental bills with a balance of 100.00 or more.

Medical debt can be attributed to hospitalization, clinic overages and prescription associated charges. We provide an easy to read savings summary that summarizes our negotiation outcome.



## Real Medical Bill Savings!

#### Ways to Save!

## ICD9 & CPT Coding , Scrubbing, & Corrections

 Corrections on miscodings resulting in erroneous charges that may result in insurance claim denials.

## Resubmission of Insurance Claim Denials

 Thorough review of insurance policies and coverage, assuring all met procedures are covered in their entirety.

#### Overhead Hospital Funding

 Receive grants through private hospital investors to cover all or a portion of your medical debt.

#### **Economic Hardship Funding**

 Receive discounts on outstanding medical debt with qualification of program.