



# 2009 Kaiser Permanente for Individuals and Families Health plans to help you *THRIVE*

General health plan information  
and  
HMO plans with health savings accounts (HSAs)



# Welcome!

Thank you for asking about Kaiser Permanente for Individuals and Families (KPIF). With a wide variety of choices—and options starting at around **\$74 a month\***—you're sure to find a health plan that meets your needs.

No matter which plan you choose, Kaiser Permanente will be your partner in total health. You'll get care for the *whole* you—mind, body, and spirit. You'll have access to advantages you can use every day. Like discounts on gym memberships, chiropractic care, and massage therapy. And services like 24-hour health coaches, health education classes, online health tools, and more. So you can live well, be well, and **thrive**.

Get started now! The information in this booklet will help you choose the plan that's best for you and your family. **Once you've decided, just complete your application—and you're one step closer to total health!**

\* For single male subscriber, age 12–19, in the HSA Option 5,000/100% Self plan. The rate you pay for your coverage depends on the plan you choose, your age and gender, and how many family members are enrolling.



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Talk with your broker  
or call **1-800-792-2034**.

# The Kaiser Permanente advantage

You've probably heard about our dedication to quality care, excellent service, and convenience. But there are many more reasons to make Kaiser Permanente your partner in health.

## Great Choices

Whether you're looking for low monthly premiums, convenience and simplicity, or tax savings, we have a plan to meet your needs. You can choose from a wide variety of plans, with monthly rates starting at around **\$74 a month**.<sup>\*</sup> And *all* plans include coverage for preventive care, hospitalization, and prescriptions.

## Great care and service

For more than 20 years, Kaiser Permanente has provided metro-Atlanta with quality health care that's convenient, simple, and affordable. It's our distinct approach to health care that keeps our members coming back year after year:

### ■ Total health

You'll like how we make it easier for you to take an active role in your own health—mind, body, and spirit. We help you live well through online tools, health education classes, discounts on health-related services, and much more. And you're covered for the preventive care you need, like routine physicals, well-child care, mammograms, immunizations, and more. So you can stay healthier and live your life to the fullest.

### ■ Personalized care

No matter which plan you choose, you select your own doctor. When you choose a Kaiser Permanente doctor, you'll get quality care from a doctor who takes the time to get to know you and your health needs. You'll have all the things you need to get the personalized care you deserve—compassionate people backed by high-quality medical care, advanced technology, and leading-edge research.



## Healthy Solutions.

Get your own personal health coach 24 hours a day, 7 days a week by phone—at no cost—through Kaiser Permanente Healthy Solutions.

- Talk about tests or procedures, upcoming appointments, medications, diet, or exercise.
- Get information about conditions, procedures, or general health and wellness.
- Learn about new techniques to help take control of specific conditions or overall health.
- Receive personalized check-in calls.
- Get additional health information mailed to your home.

### ■ Convenience

We make it easy to get the care you need, when you need it. Whether it's locations close to where you live or work, seeing a physician when you need one, or multiple services under one roof, we've got you covered. And you won't have to worry about filing claims when you visit our medical centers or any of our affiliated doctors and hospitals.

<sup>\*</sup> For single male subscriber, age 12–19, in the HSA Option 5,000/100% Self plan. The rate you pay for your coverage depends on the plan you choose, your age and gender, and how many family members are enrolling.





## You're connected.

All of our medical centers are equipped with electronic patient health record systems. With your secure electronic health record instantly available right in the exam rooms, you can enjoy more personalized care based on your medical history.

You can also enjoy the time-saving convenience of these secure online features:

- E-mail your doctor's office
- View most lab test results
- See past office visit information and schedule most appointments
- Monitor your ongoing health conditions
- Access the health records of your children
- And more!

You'll also have the convenience of many other online services. On our Web site, **kp.org**, you can empower yourself with many 24-hour health resources including:

- Online prescription refills
- Nurse advice by e-mail
- Health assessment tools
- Personalized health improvement plans
- Health encyclopedia

## ■ Kaiser Permanente Medical Centers

When you choose to get care at one of our medical centers, you'll see why members keep coming back:

- Save time by seeing a doctor, getting lab tests or X-rays, and picking up a prescription all in the same building.\*
- See a doctor at night or on weekends at our after-hours locations.
- Get a same-day appointment when available.
- Receive quality, personalized care from a doctor who takes the time to listen.

\* Available at most medical centers.

## A few things that might surprise you

Want more reasons to choose Kaiser Permanente? Here are some that may surprise you:

### ■ Wide selection of doctors

You'll have access to more than 2,000 doctors in the metro-Atlanta area.

### ■ Easy access

You can self-refer to select specialties including Ob/Gyn, dermatology, behavioral health, optometry, and ophthalmology.

## Doctors and hospitals

- over 2,000 doctors
- 20 affiliated hospitals

### ■ Travel coverage

Get peace of mind knowing you're covered for emergency care anywhere you travel.

### ■ Great discounts

We even make it more affordable to live healthy. Through our SelfWise program, you can take advantage of a variety of health-related discounts\*\* including:

- Health club membership
- Massage therapy, chiropractic, and acupuncture services
- Vision care including eyeglasses and contact lenses, and LASIK services

\*\* Available to Kaiser Permanente members and their enrolled family members. Discounts and services are provided on a fee-for-service basis, do not replace and cannot be combined with any existing benefit, and are not covered benefits. Kaiser Permanente assumes no responsibility for the arrangement, nature, quality, or outcome of the services. For more information, call (404) 261-2590.



## Where to get care

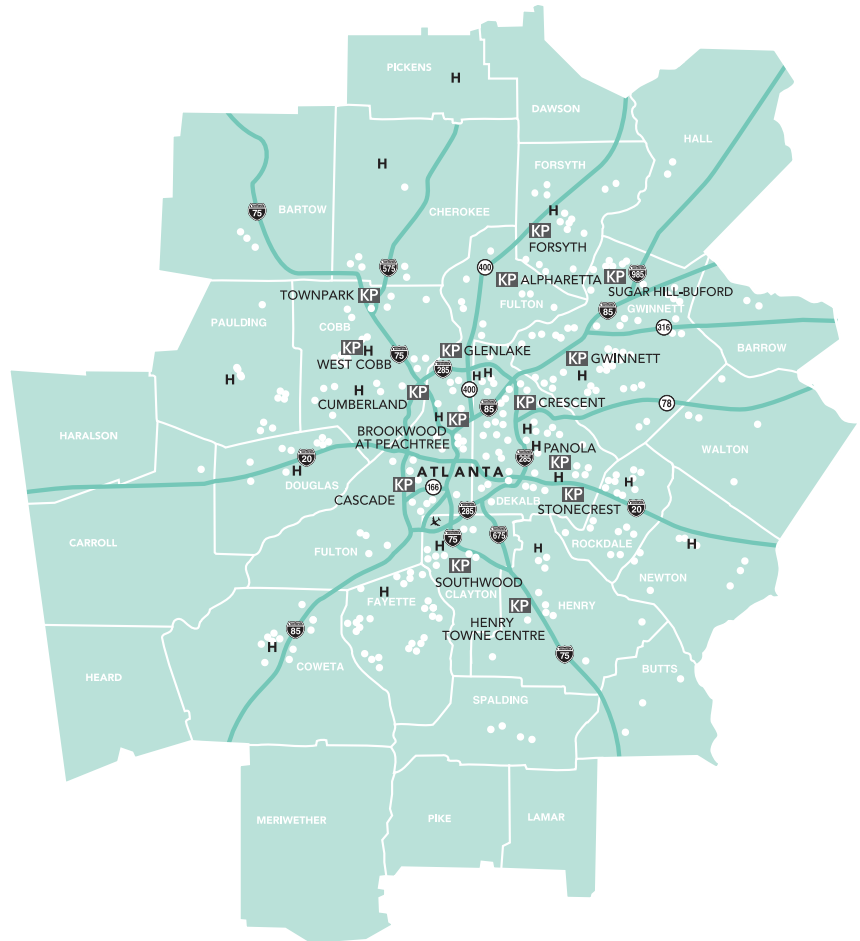
For a current provider listing,  
visit our searchable Medical Staff  
Directory at [kp.org/medicalstaff](https://kp.org/medicalstaff).

**KP** Kaiser Permanente Medical Centers  
(15 locations)

○ Affiliated Community Physicians'  
Medical Offices (1,800 doctors)

**H** 20 Affiliated Hospitals\*

\* The hospital that you will be admitted to will be  
determined by the primary care physician you select.



## Our medical centers

**Alpharetta Medical Center**  
3550 Preston Ridge Road  
Alpharetta, GA 30005

**Brookwood at Peachtree Medical Office**  
1745 Peachtree St., Suite U  
Atlanta, GA 30309

**Cascade Medical Center**  
1175 Cascade Parkway  
Atlanta, GA 30311

**Crescent Medical Center**  
200 Crescent Centre Parkway  
Tucker, GA 30084

**Cumberland Medical Center\***  
2525 Cumberland Parkway  
Atlanta, GA 30339

**Forsyth Medical Office**  
1400 Northside Forsyth Drive  
Suite 350  
Cumming, GA 30041

**Glenlake Medical Center**  
20 Glenlake Parkway  
Atlanta, GA 30328

**Gwinnett Medical Center\***  
3650 Steve Reynolds Blvd.  
Duluth, GA 30096

**Henry Towne Centre Medical Center**  
1125 Towne Centre Village Drive  
McDonough, GA 30253

**Panola Medical Center**  
5440 Hillandale Drive  
Lithonia, GA 30058

**Southwood Medical Center\***  
2400 Mt. Zion Parkway  
Jonesboro, GA 30236

**Stonecrest Medical Center**  
8011 Mall Parkway  
Lithonia, GA 30038

**Sugar Hill-Buford Medical Center**  
1435 Broadmoor Boulevard  
Sugar Hill, GA 30518

**TownPark Medical Center**  
750 TownPark Lane  
Kennesaw, GA 30144

**West Cobb Medical Center**  
3640 Tramont Pointe Parkway  
Austell, GA 30106

\* Medical centers designated for after-hours  
care. Hours: Monday through Friday,  
6 to 9:30 p.m.; Saturday, 9 a.m. to 8:30  
p.m.; Sunday, 10 a.m. to 5:30 p.m.



## HMO plans with HSA option

Choosing Kaiser Permanente's HMO plans with HSA option can be a great way to lower your monthly premiums. You can take advantage of the money you save on premiums by contributing to a tax-advantaged Health Savings Account (HSA). The money in your HSA can be used to pay for any qualified medical expense. You can use the money now, or you can build savings to pay for health expenses *in the future*.

Here are a few good reasons to choose HMO plans with HSA option:

### ■ Affordability

You'll enjoy low monthly premiums and still have coverage for a broad range of services including preventive care, hospital visits, and prescriptions.

### ■ Tax savings

The money you contribute to your HSA can be excluded from your taxable income. It's also tax-free when used to pay for qualified medical expenses. And any investment earnings in your HSA accumulate tax-free.

### ■ Investment opportunity

Through our preferred provider of HSA services, Wells Fargo, you can choose from a variety of funds for your HSA. Investment results accumulate tax-free, and whatever you don't spend on medical expenses carries over from year to year.

### ■ Kaiser Permanente care and convenience

HMO plans with HSA option give you access to our HMO network of providers—the doctors in our 15 Medical Centers and over 1,800 private-practice doctors in their *own* offices all over metro-Atlanta. You'll also be able to enjoy the timesaving convenience of multiple services under one roof at most of our medical centers. And you'll enjoy the great discounts and services available exclusively to Kaiser Permanente members, like 24-hour health coaches, online tools, health classes, discounts on health clubs, and more.

## Understanding our HMO plans with HSA option

You can choose from three individual plans or four family plans. The plans are designed to make things simple. Just choose the plan with the annual deductible, coinsurance, and out-of-pocket maximum that best meets your needs.

All services except preventive care will be subject to the deductible. You'll be responsible for paying the *full cost* of the services you receive *at the time of service* until you have satisfied your plan's deductible. If you are enrolled in the HSA offered by Wells Fargo, you can simply use the convenient HSA Visa® debit card to pay for your eligible expenses. The cost will be deducted from your HSA. (Preventive care will either be covered 100 percent or at a \$15 copay, depending on the service.)

With our family plans, the deductible can be met by expenses for a combination of enrolled family members, or by expenses for just one member.

Once your annual deductible is met, you'll just have to pay the copayment or coinsurance, if any—until you reach your out-of-pocket maximum. Once you've reached your out-of-pocket maximum, we'll pay 100 percent of your covered services for the remainder of the calendar year.

## Enjoy the tax savings of an HSA

If you choose to take advantage of an HSA, you can use your HSA funds, tax-free, to pay for a broad range of qualified medical expenses. Some of the many expenses HSA funds can be used to pay for—whether or not they're covered by your plan—include:

- Deductibles, copayments, and coinsurance.
- Glasses, LASIK eye surgery, and contact lenses.
- Dental and orthodontic services.
- Prescription drugs and certain over-the-counter medications.
- Certain types of alternative medicine services.

Any money from your HSA used to pay for qualified medical expenses is tax-free. For a complete listing of qualified expenses under Internal Revenue Code Section 213(d), visit [irs.gov/pub/irs-pdf/p502.pdf](https://www.irs.gov/pub/irs-pdf/p502.pdf).



The money in your HSA—along with any investment earnings on it—will accumulate tax-free. And as the HSA account owner, the money is yours, even if you change qualified deductible health plans.

## Experience the Wells Fargo advantage

Although you can choose any financial trustee for your HSA, we've chosen Wells Fargo as our preferred provider of HSA services.

With the HSA offered by Wells Fargo, you can choose from a variety of funds—from a conservative money market fund to an aggressive stock fund. You'll also have no setup fees, an initial investment requirement of only \$100, and no transaction fees. Plus, you can go online any time and view account information, change investment fund elections, download forms, and access lists of covered expenses. And with the HSA Visa® debit card, paying for health services is as easy as the swipe of a card.

## Invest in your future

With an HSA, you can pay for health care expenses as they occur. Or, you can save for the future by:

- Building savings in the account to pay for years when you have more out-of-pocket expenses.
- Keeping money not used during working years to be used for medical needs at retirement.
- Investing money in the HSA and earning tax-free investment results.
- After retirement age (65), using the money in an HSA for non-medical expenses without penalty, taxed at your ordinary income rate.

## Where to get care

With our HMO plans with HSA option, you'll have access to our HMO network of doctors. For a map of locations, please see page 4.

## A lot to feel good about

- Low premiums.
- Great coverage including preventive care.
- High quality care and service from Kaiser Permanente.
- Tax-free health savings.
- An investment that can build from year to year.

*Note: Kaiser Permanente does not provide or administer financial products, including HSAs, and does not offer financial, tax, or investment advice. Members are responsible for their own investment decisions. If a member uses his or her HSA debit card to pay for something other than a qualified medical expense, the expenditure is subject to tax and, for individuals who are not disabled or over 65, a 10 percent tax penalty.*

*Please note that when Wells Fargo Health Benefit Services pays disbursements, it does not monitor whether they are for qualified medical expenses. It is the member's responsibility to determine whether expenses qualify for tax-free reimbursement from his or her HSA. For information about a Wells Fargo HSA, please contact Wells Fargo at 1-866-890-8308.*

*Tax references relate to federal income tax only. The tax treatment of health savings account contributions and distributions under state income tax laws differs from the federal tax treatment. Consult with your financial or tax adviser for more information.*

*Earnings vary depending on the type of investment plan you opt for and/or the HSA provider you choose. Amount earned is based on the investment plan and market value, and in some instances, the account may actually lose money.*



# HMO plans with HSA option

## Benefits Summary

	SELF-ONLY PLANS			FAMILY PLANS (2+)			
	HSA Option 3,500/100% Self	HSA Option 5,000/100% Self	HSA Option 3,500/80% Self	HSA Option 3,500/100% Family	HSA Option 5,000/100% Family	HSA Option 3,500/80% Family	HSA Option 5,000/80% Family
Annual Deductible	\$3,500	\$5,000	\$3,500	\$3,500	\$5,000	\$3,500	\$5,000
Out-of-Pocket Maximum	\$3,500	\$5,000	\$5,000	\$3,500	\$5,000	\$7,500	\$9,000
Coinsurance	Plan pays 100% after Annual Deductible	Plan pays 100% after Annual Deductible	Plan pays 80% after Annual Deductible	Plan pays 100% after Annual Deductible	Plan pays 100% after Annual Deductible	Plan pays 80% after Annual Deductible	Plan pays 80% after Annual Deductible
Maximum Benefit while Covered	Unlimited			Unlimited			
Preventive Visits	\$15 Copay			\$15 Copay			
Preventive Services	Plan pays 100% (Annual Deductible not applicable)			Plan pays 100% (Annual Deductible not applicable)			
All Other Covered Services	Subject to Annual Deductible and Coinsurance			Subject to Annual Deductible and Coinsurance			

This plan summary is intended to only highlight some of the principal provisions of the plan. Please refer to your *Evidence of Coverage* for further details of the plan, or for specific limitations and exclusions. Certain underwriting guidelines apply. Applicants subject to medical review.



## Common Questions— HMO plans with HSA option

### Q: How do I apply for an HMO plan with HSA option?

A: Just fill out a Membership Application and choose the appropriate plan. If you need an application, talk to your broker or call Kaiser Permanente at **1-800-792-2034** Monday-Friday 8 a.m.-5 p.m.

### Q: What doctors can I see with an HMO plan with HSA option?

A: You'll have access to the Kaiser Permanente HMO network of providers—doctors at our 15 Medical Centers and over 1,800 private-practice doctors in their own offices all over metro-Atlanta. You can receive qualified medical services from other providers, but you'll be responsible for the full cost of these services. (However, you can pay for them with money from your HSA.)

### Q: How do the deductible and the out-of-pocket maximum (OOPM) work for families?

A: There is just one deductible for the whole family. The deductible may be satisfied by expenses incurred by one family member or by a combination of family members. Once the deductible has been satisfied during a calendar year, all family members are exempt from any further deductible requirements for that year.

The OOPM works in a similar way. Eligible expenses for one family member or any combination of family members can satisfy the OOPM for the whole family.

Once the OOPM is reached, Kaiser Permanente pays for 100 percent of covered services for the entire family for the remainder of the calendar year.

### Q: Who is eligible for an HSA?

A: To be eligible to establish and make a contribution to an HSA, you have to be covered by a qualifying high deductible health plan, like our HMO plans with HSA option. Also, you may not be covered by other health insurance that's not a qualifying deductible health plan, although there are certain exceptions. (Some of the exceptions include workers' compensation, specific injury insurance, and insurance for accidents, disability, dental care, vision care, or long-term care. You may also have coverage for a specific disease or illness as long as it pays a specific dollar amount when the policy is triggered.) You are not eligible to contribute to an HSA if you are enrolled in Medicare or able to be claimed as a dependent on someone else's tax return, or if you have received medical benefits from the Department of Veterans Affairs at any time over the past three months.

### Q: How do I set up an HSA?

A: You can establish an HSA account at any approved HSA financial provider. For added convenience, Kaiser Permanente members can set up an HSA through Wells Fargo, our preferred HSA trustee and administrator. You can sign up online or call Wells Fargo for enrollment materials.

Visit [ufhbbs.com/kaiserpermanente](http://ufhbbs.com/kaiserpermanente), or call a Wells Fargo HSA customer service representative at **1-866-890-8308** Monday-Friday 8 a.m.-8 p.m. (EST).

### Q: How much can be contributed to my HSA?

A: Annual contributions for 2009 are capped at \$3,000 for individual coverage and \$5,950 for family coverage. After 2009, these maximums will be indexed for inflation.

### Q: Where can I get more information about Kaiser Permanente's HMO plans with HSA option?

A: For more information, talk to your broker or call Kaiser Permanente at **1-800-792-2034** Monday-Friday 8 a.m.-5 p.m.



## Consumer Choice Option

As part of a Georgia state law, you have another option available to you through Kaiser Permanente called the Consumer Choice Option. This option can be added to any of our KPIF plans.

- With Consumer Choice Option, you can nominate and use providers not normally available through Kaiser Permanente.
- You still receive benefits comparable to those you would receive when using in-plan or Select providers.
- This option costs 17.5 percent more than what is quoted in the rates for 2009.

If you would like more information on the Consumer Choice Option—including an election form, information on how to nominate a provider, and rate information—please call our Consumer Choice Option representative at (404) 364-4900.

If you think you would be interested in enrolling in the Consumer Choice Option, please wait until after you receive and review the materials to return your medical questionnaire. The medical questionnaire and Consumer Choice Option election form must be returned to Kaiser Permanente at the same time.

# Our privacy practices

## Notice of Privacy Practices

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

*In this notice we use the terms “we,” “us” and “our” to describe the Kaiser Permanente, Georgia Region. For more details, please refer to section IV. of this notice.*

## I. What is “Protected Health Information?”

Your protected health information (PHI) is health information that contains identifiers, such as your name, social security number, or other information that reveals who you are. For example, your medical record is PHI because it includes your name and other identifiers.

If you are a Kaiser Foundation Health Plan member and also an employee of any Kaiser Permanente company, PHI does not include the health information in your employment records.

In the course of providing and administering health care, we collect various types of health information from various sources, such as you,

other members (for example, your spouse or parents), and other health care professionals. The types of information we collect and maintain about our members include among other things, medical and hospital records, such as general medical, mental health, and substance abuse patient records, laboratory results, X-ray results, pharmacy records, and appointment records. Kaiser Permanente collects other health plan information using a variety of techniques. Examples include:

- Collecting information from you through surveys, applications, related forms, and other written requests and communications;
- Collecting information from your employer, benefits plan sponsor, or association regarding group coverage that you may have through group applications, census data, and other written requests and communications;
- Collecting information from visitors to our Web site such as online forms, site visit data, and other on-line communications; and
- Collecting information from consumer or medical reporting agencies or other sources such as insurance support organizations and credit bureaus.



## II. About our responsibility to protect your PHI

By law, we must

- 1) protect the privacy of your PHI;
- 2) tell you about your rights and our legal duties with respect to your PHI; and
- 3) tell you about our privacy practices and follow our notice currently in effect.

We take these responsibilities seriously and, as in the past, we will continue to take appropriate steps to safeguard the privacy of your PHI.

## III. Your rights regarding your PHI

This section tells you about your rights regarding your PHI, for example, your medical and billing records. It also describes how you can exercise these rights.

### Your right to see and receive copies of your PHI

In general, you have a right to see and receive copies of PHI in designated record sets such as your medical record or billing record. If you would like to see or receive a copy of such a record, please write to us. When you know the Kaiser Permanente facility or medical center where you received your care, please write to us at that address. If you don't know where your records that you want to see are located, please write to us at Customer Service Department; Kaiser Foundation Health Plan of Georgia, Inc.; Nine Piedmont Center; 3495 Piedmont Road, NE; Atlanta, Georgia 30305-1736.

After we receive your written request, we will let you know when and how you can see or obtain a copy of your record. If you agree, we will give you a summary or explanation of your PHI instead of providing a copy.

We may charge you a fee for the copy, summary, or explanation. If we don't have your record but we know who does, we will tell you who to contact to request it.

In limited situations, we may deny some or all of your request to see or receive a copy of your records, but if we do, we will tell you why in writing and explain your right, if any, to have our denial reviewed.

### Your right to choose how we send PHI to you

You may ask us to send your PHI to you at a different address (for example, your work address) or by different means (for example, fax instead of regular mail). When we can reasonably and lawfully agree to your request, we will. However, we are permitted to charge you for any additional cost of sending your PHI to different addresses or by different means.

### Your right to correct or update your PHI

If you believe there is a mistake in your PHI or that important information is missing, you may request that we correct, delete, or add to the record. Please write to us and tell us what you are asking for and why we should make the correction, deletion, or addition. Your request should be sent as described above in the section entitled "Your right to see and receive copies of your PHI." If we approve your request, we

will make the correction or addition to your PHI. If we deny your request, we will tell you why and explain your right to file a written statement of disagreement.

### Your right to an accounting of disclosures of PHI

You may ask us for a list of our disclosures of your PHI. If you would like a list of disclosures, please write to us as described above in the section entitled "Your right to see and receive copies of your PHI." The list we give you will include disclosures made in the last six years, unless you request a shorter time period or if fewer than six years have passed since April 14, 2003. For example, if you requested a list of disclosures on April 14, 2005, the list would cover only two years.

You are entitled to one disclosure accounting in any 12-month period at no charge. If you request any additional accountings fewer than 12 months later, we may charge a fee.

Except as may otherwise be required under state law, an accounting does not include certain disclosures, for example, disclosures to carry out treatment, payment and health care operations; disclosures that occurred prior to April 14, 2003; disclosures for which Kaiser Permanente, Georgia Region had a signed authorization; disclosures of your PHI to you; disclosures for notifications for disaster relief purposes; or disclosures to persons involved in your care and persons acting on your behalf.





### **Your right to request limits on uses and disclosures of your PHI**

You may request that we limit our uses and disclosures of your PHI for treatment, payment, and health care operations purposes. However, by law, we do not have to agree to your request. Because we strongly believe that this information is needed to manage care of our members/patients appropriately, it is our policy not to agree to requests for restrictions.

### **Your right to receive a paper copy of this notice**

You also have a right to receive a paper copy of this notice upon request.

## **IV. Kaiser Permanente companies subject to this notice**

This notice applies to the Kaiser Permanente, Georgia Region which includes:

- The Southeast Permanente Medical Group, Inc. (TSPMG)
- Kaiser Foundation Health Plan of Georgia, Inc. including its health plan and provider operations;
- Kaiser Foundation Hospitals (KFH), as described below; and
- Kaiser Foundation Health Plan, Inc. (KFHP, Inc.), as described below

Our health care delivery sites include Kaiser Permanente medical centers, our member call advice and appointment centers, and our member Web site.

To provide you with the health care you expect when treating you, paying for your care, and conducting our operations, such as quality assurance, accreditation, licensing and compliance, these Kaiser Permanente companies share your PHI with each other.

Our personnel may have access to your PHI as employees, physicians, volunteers, persons working with us in other capacities, or professional staff members and others authorized to enter information into a medical record of a Kaiser Permanente Medical Center. Our region may also share your PHI with KFH and KFHP, Inc. in connection with shared services and other national Kaiser Permanente activities for treatment, payment, or health care operations purposes. For example, if you are being considered for a transplant, we will share your PHI with our Kaiser Permanente National Transplant Network.

## **V. How we may use and disclose your PHI**

Your confidentiality is important to us. Our physicians and employees are required to maintain the confidentiality of the PHI of our members/patients and we have policies and procedures and other

safeguards to help protect your PHI from improper use and disclosure. Sometimes we are allowed by law to use and disclose certain PHI without your written permission. We briefly describe these uses and disclosures below and give you some examples.

How much PHI is used or disclosed without your written permission will vary depending, for example, on the intended purpose of the use or disclosure. Sometimes we may only need to use or disclose a limited amount of PHI, such as to send you an appointment reminder or to confirm that you are a health plan member. At other times we may need to use or disclose more PHI such as when we are providing medical treatment.

### **Treatment**

This is the most important use and disclosure of your PHI. For example, our physicians, nurses, and other health care personnel, including trainees, involved in your care use and disclose your PHI to diagnose your condition and evaluate your health care needs. Our personnel will use and disclose your PHI in order to provide and coordinate the care and services you need, for example: prescriptions; X-rays; and lab work. If you need care from health care providers who are not part of Kaiser Permanente, such as community resources to assist with your health care needs at home, we may disclose your PHI to them.



### **Treatment alternatives and health-related benefits and services**

In some instances, the law permits us to contact you: 1) to describe our network or describe the extent to which we offer and pay for various products and services; 2) for your treatment; 3) for case management and care coordination; or 4) to direct or recommend available treatment options, therapies, health care providers, or care settings. For example, we may tell you about a new drug or procedure or about educational or health management activities.

### **Payment**

Your PHI may be needed to determine our responsibility to pay for, or to permit us to bill and collect payment for, treatment and health-related services that you receive. For example, we may have an obligation to pay for health care you receive from an outside provider. When you or the provider sends us the bill for health care services, we use and disclose your PHI to determine how much, if any, of the bill we are responsible for paying.

### **Health care operations**

We may use and disclose your PHI for certain health care operations, such as: quality assessment and improvement; training and evaluation of health care professionals; licensing; accreditation; activities relating to the creation, renewal or replacement of health insurance or health benefits; conducting medical review; legal

services; auditing functions, including fraud and abuse detection and compliance programs; customer services; and determining premiums and other costs of providing health care. We may also disclose your PHI for certain health care operations of other health plans and health care providers.

### **Business associates**

We may contract with business associates to perform certain functions or activities on our behalf, such as payment and health care operations. These business associates must agree to safeguard your PHI.

### **Appointment reminders**

Your PHI allows us to contact you about appointments for treatment or other health care you may need.

### **Specific types of PHI**

There are stricter requirements for use and disclosure of some types of PHI, for example, drug and alcohol abuse patient information, mental health records, and HIV/AIDS information. However, there are still circumstances in which these types of information may be used or disclosed without your authorization.

If you become a patient in our chemical dependency program, we will give you a separate written notice, as required by law, about your privacy rights for your chemical dependency program PHI.

### **Communications with family and others when you are present**

Sometimes a family member or other person involved in your care will be present when we are discussing your PHI with you. If you object, please tell us and we won't discuss your PHI or we will ask the person to leave.

### **Communications with family and others when you are not present**

There may be times when it is necessary to disclose your PHI to a family member or other person involved in your care because there is an emergency, you are not present, or you lack the decision making capacity to agree or object. In those instances, we will use our professional judgment to determine if it's in your best interest to disclose your PHI. If so, we will limit the disclosure to the PHI that is directly relevant to the person's involvement with your health care. For example, we may allow someone to pick up a prescription for you.

### **Disclosure in case of disaster relief**

We may disclose your name, city of residence, age, gender, and general condition to a public or private disaster relief organization to assist disaster relief efforts, unless you object at the time.

### **Disclosures to parents as personal representatives of minors**

In most cases, we may disclose your minor child's PHI to you. In some situations, however, we are permitted or even required by law to deny



your access to your minor child's PHI. Examples of when we must deny such access include situations involving your daughter's pregnancy, the prevention of her pregnancy, childbirth, and abortion records where a court waives parental notification of abortion. In addition, the law denies access to your child's PHI if your child is married or otherwise emancipated.

### **Research**

Kaiser Permanente engages in extensive and important research. Some of our research may involve medical procedures and some is limited to collection and analysis of health data. Research of all kinds may involve the use or disclosure of your PHI. Your PHI can generally be used or disclosed for research without your permission if an Institutional Review Board (IRB) approves such use or disclosure. An IRB is a committee that is responsible, under federal law, for reviewing and approving human subjects research to protect the safety of the participants and the confidentiality of PHI.

### **Organ donation**

Except as limited by applicable law, we may use or disclose PHI to organ-procurement organizations to assist with organ, eye, or other tissue donations.

### **Public health activities**

Public health activities cover many functions performed or authorized by government agencies to promote and protect the public's health and may require us to disclose your PHI.

For example, we may disclose your PHI as part of our obligation to report to public health authorities certain diseases, injuries, conditions, and vital events such as births or abortions. Sometimes we may disclose your PHI to someone you may have exposed to a communicable disease, or who may otherwise be at risk of getting or spreading the disease.

The Food and Drug Administration (FDA) is responsible for tracking and monitoring certain medical products, such as pacemakers and hip replacements, to identify product problems and failures and injuries they may have caused. If you have received one of these products, we may use and disclose your PHI to the FDA or other authorized persons or organizations, such as the maker of the product.

We may use and disclose your PHI as necessary to comply with federal and state laws that govern workplace safety.

### **Health oversight**

As health care providers and health plans, we are subject to oversight conducted by federal and state agencies. These agencies may conduct audits of our operations and activities and in that process, they may review your PHI.

### **Disclosures to your employer or your employee organization**

If you are enrolled in Kaiser Foundation Health Plan of Georgia through your employer or employee

organization, we may share certain PHI with them without your authorization but only when allowed by law. For example, we may disclose your PHI for a workers compensation claim or to determine whether you are enrolled in the plan or whether premiums have been paid on your behalf. For other purposes, such as for inquiries by your employer or employee organization on your behalf, we will obtain your authorization when necessary.

### **Workers' compensation**

In order to comply with workers' compensation laws, we may use and disclose your PHI. For example, we may communicate your medical information regarding a work-related injury or illness to claims administrators, insurance carriers, and others responsible for evaluating your claim for workers' compensation benefits.

### **Military activity and national security**

We may sometimes use or disclose the PHI of armed forces personnel to the applicable military authorities when they believe it is necessary to properly carry out military missions. We may also disclose your PHI to authorized federal officials as necessary for national security and intelligence activities or for protection of the President and other government officials and dignitaries.

### **Marketing**

Kaiser Permanente may use and, in some instances, disclose your PHI to contact you about benefits, services or supplies that we can offer you in addition to your KP coverage.





### **Fundraising**

We may use or disclose PHI to contact you to raise funds for our organization.

### **Required by law**

In some circumstances federal or state law requires that we disclose your PHI to others. For example, the Secretary of the Department of Health and Human Services may review our compliance efforts, which may include seeing your PHI.

### **Lawsuits and other legal disputes**

We may use and disclose PHI in responding to a court or administrative order, a subpoena, or a discovery request. We may also use and disclose PHI to the extent permitted by law without your authorization, for example, to defend a lawsuit or arbitration.

### **Law enforcement**

We may disclose PHI to authorized officials for law enforcement purposes, for example, to respond to a search warrant, report a crime on our premises, investigate fraud, or help identify or locate someone.

### **Serious threat to health or safety**

We may use and disclose your PHI if we believe it is necessary to avoid a serious threat to your health or safety or to someone else's.

### **Abuse or neglect**

By law, we may disclose PHI to the appropriate authority to report suspected child abuse or neglect or to identify suspected victims of abuse, neglect, or domestic violence.

### **Coroners and funeral directors**

We may disclose PHI to a coroner or medical examiner to permit identification of a body, determine cause of death, or for other official duties. We may also disclose PHI to funeral directors.

### **Inmates**

Under the federal law that requires us to give you this notice, inmates do not have the same rights to control their PHI as other individuals. If you are an inmate of a correctional institution or in the custody of a law enforcement official, we may disclose your PHI to the correctional institution or the law enforcement official for certain purposes, for example, to protect your health or safety or someone else's.

## **VI. All other uses and disclosures of your PHI require your prior written authorization**

Except for those uses and disclosures described above, we will not use or disclose your PHI without your written authorization. When your authorization is required and you authorize us to use or disclose your PHI for some purpose, you may revoke that authorization by notifying

us in writing at any time. Please note that the revocation will not apply to any authorized use or disclosure of your PHI that took place before we received your revocation. Also, if you gave your authorization to secure a policy of insurance, including health care coverage from us, you may not be permitted to revoke it until the insurer can no longer contest the policy issued to you or a claim under the policy.

## **VII. How to contact us about this notice or to complain about our privacy practices**

If you have any questions about this notice, or want to lodge a complaint about our privacy practices, please let us know by calling or writing to Customer Service Department; Kaiser Foundation Health Plan of Georgia, Inc.; Nine Piedmont Center; 3495 Piedmont Road, NE; Atlanta, Georgia 30305-1736.

If you are enrolled in a plan other than Senior Advantage, you may call Customer Service at (404) 261-2590. Its hours of operation are Monday through Friday from 7 a.m. to 9 p.m. and Saturday through Sunday from 8 a.m. through 2 p.m. If you are enrolled in Senior Advantage, you may call the Senior Advantage Customer Service Department at (404) 233-3700 or toll free at 1-800-792-2034 (TTY: 1-800-255-0056). Its hours of operation are Monday





through Friday from 8 a.m. to 8 p.m. You also may notify the Secretary of the Department of Health and Human Services (HHS).

We will not take retaliatory action against you if you file a complaint about our privacy practices.

## VIII. Changes to this notice

We may change this notice and our privacy practices at any time, as long as the change is consistent with state and federal law. Any revised notice will apply both to the PHI we already have about you at the time of the change, and any PHI created or received after the change takes effect. If we make an important change to our privacy practices, we will promptly change this notice and provide a new notice on our member Web site at [kp.org](http://kp.org) and our member publication, *Partners in Health*. Except for changes required by law, we will not implement an important change to our privacy practices before we revise this notice.

## IX. Effective date of this notice

This notice is effective on April 14, 2003.

# Additional information

## About your Kaiser Permanente for Individuals and Families (KPIF) coverage

Before you review the specific plan information, check to make sure you live within our service area. You're eligible to apply for KPIF coverage if you live in one of the following counties: Barrow, Bartow, Butts, Carroll, Cherokee, Clayton, Cobb, Coweta, DeKalb, Dawson, Douglas, Fayette, Forsyth, Fulton, Gwinnett, Hall, Haralson, Heard, Henry, Lamar, Meriwether, Newton, Paulding, Pickens, Pike, Rockdale, Spalding, and Walton.

You can apply for KPIF plans until age 65. However, please note that coverage can end for failure to pay premiums when due, or for misrepresentation of medical or other important information on your application.

When you turn 65 or become eligible for Medicare, you have the option to apply for our Senior Advantage plan. If you are already eligible for Medicare as your primary coverage, you are not eligible for KPIF, but you can apply for Senior Advantage. You can ask about our coverage for Medicare-eligible members by calling toll-free 1-888-468-0100.

If you have any questions or would like more information, just ask your broker or call us at 1-800-792-2034.

## Drug Formulary

Kaiser Permanente uses a drug formulary for our HMO plans with HSA option. Our drug formulary is a continually updated list of medications that are determined to be safe and effective. Use of formulary drugs enables us to provide quality care at a reasonable cost.

If you request a nonformulary drug, you will be responsible for the full cost of that drug, unless there is a clear medical reason to use it rather than the similar formulary drug. In specific cases, such as allergy to the formulary alternative, your physician may request an exception for coverage of a nonformulary drug at your regular pharmacy copay. Certain prescriptions require expert review before they can be dispensed.

If you have any questions about the formulary, call 1-800-232-4404.

## Authorization

When you need to obtain preauthorization for covered services, or have a question about whether a service requires pre-authorization, please contact the Kaiser Permanente Utilization Management Department at (404) 364-7320 or 1-800-221-2412.



At Kaiser Permanente, the Utilization Management Program works with Participating Providers to plan, organize, and deliver quality health care services by ensuring these services are medically appropriate, medically necessary, and provided in a cost-effective manner. Some services require preauthorization by the Utilization Management Program. Examples include, but are not limited to:

- Elective inpatient admissions.
- Outpatient surgery.
- Specialized services such as home health, medical supplies/equipment, and hospice care.
- Skilled nursing and acute rehabilitation facilities.
- Certain behavioral health services and/or chemical dependency treatment.

Failure to obtain preauthorization may result in penalties against your benefit payment, or we may deny all or part of your claim. In the event any service is denied because it does not meet criteria, you may request an appeal.

## Exclusions

As with all health plans, there are some exclusions. The following services are excluded from all coverage. (Please note that this is a summary—for a complete list, refer to the *Evidence of Coverage*.)

- Services which an employer or any government agency is responsible to provide, including workers' compensation

- Custodial care or care in an intermediate care facility
- Services provided or arranged by criminal justice institutions or mental health institutions for Members in the custody of law enforcement officers if you are confined in the institution, except for emergency services
- Cosmetic services (including drugs and injectables)
- Cord blood procurement and storage for possible future need or for a yet-to-be determined member recipient
- Dental services, devices and appliances other than those specified (including most hospital services for dental care)
- Physical examinations required for obtaining or maintaining employment or participation in employee programs, or insurance or government licensing
- Experimental or investigational services
- Refractive surgery or corrective lenses, eyeglasses, and hearing aids
- Orthoptics (eye exercises)
- Services and drugs related to the treatment of obesity
- Routine foot care services
- Examinations for the prescription of hearing aids
- All services and drugs related to sexual reassignment surgery
- Long-term physical, speech, and occupational therapy and rehabilitation
- Cognitive rehabilitation programs
- Vocational rehabilitation
- Services that are primarily educational in nature
- Cost of semen and eggs
- Services for conception by artificial means including infertility drugs
- Reversal of voluntary infertility
- Nonhuman and artificial organs and their implantation
- Court-ordered services
- Mental health services for chronic conditions and mental retardation after diagnosis
- Testing for ability, aptitude, intelligence, or interest
- Corrective shoes and orthotic foot supports and inserts
- More than one device for the same part of the body or same function
- Replacement of lost devices
- Electronic monitors of bodily functions (except infant apnea monitors and blood glucose monitors)
- Devices to perform medical testing of body fluids, excretions, or substances
- Devices not medical in nature
- Convenience, comfort, or luxury items
- Reconstructive surgery following removal of breast implants that were inserted for cosmetic reasons
- Drugs for the treatment of sexual dysfunction disorders
- Most disposable supplies
- Transportation and lodging



## Who provides the coverage

HMO and Balance plans are provided by Kaiser Foundation Health Plan, Inc.

## This is only a summary

This is a summary description and is not intended to replace your *Individual Agreement* or *Evidence of Coverage*, which contain the complete provisions of this coverage. If you have questions or need additional information, please call 1-800-232-4404.

## For more information

Have a question that's not answered in this information kit? Just call your broker or call 1-800-792-2034.

# How to apply

It's simple to apply. Once you've chosen a plan, just follow the steps below.

### To apply by mail

1. Make sure you live in one of the counties we serve: Barrow, Bartow, Butts, Carroll, Cherokee, Clayton, Cobb, Coweta, DeKalb, Dawson, Douglas, Fayette, Forsyth, Fulton, Gwinnett, Hall, Haralson, Heard, Henry, Lamar, Meriwether, Newton, Paulding, Pickens, Pike, Rockdale, Spalding, and Walton.

2. Fill out the membership application, enclosed separately. Complete all the requested information to avoid delays. **Be sure to sign it and complete the Payment Options section.**

3. Mail the following items in the postage-paid envelope provided inside the application:

- Your **completed and signed** application
- A **check for the first month's premium** (unless you select the *Payment by Credit Card* option)

### Apply today!

Just complete your application (enclosed separately) or ask your broker how to apply online.

### To apply online

1. Ask your broker how to apply online. If you don't have a broker, call 1-800-792-2034 From 8 a.m. to 5 p.m. (EST), Monday through Friday (except holidays).

To be eligible for KPIF, your application must pass medical review. We'll send you a letter notifying you whether or not you have been approved for coverage. We won't deposit your check or charge your credit card unless you're accepted for membership.

Please do not cancel your current coverage. KPIF coverage will not begin until you receive a written notice of approval. If approved, your coverage will begin on the effective date indicated on the notice.

# HMO plans with HSA option 4/1/09–6/1/09 effective dates

## Self-only plans

	Age	Subscriber only			Age	Subscriber only			Age	Subscriber only	
		Male	Female			Male	Female			Male	Female
HSA Option 3,500/100% Self	0-2	\$88	\$95	HSA Option 5,000/100% Self	0-2	\$74	\$77	HSA Option 3,500/80% Self	0-2	\$82	\$88
	3-11	\$88	\$95		3-11	\$74	\$77		3-11	\$82	\$88
	12-19	\$88	\$95		12-19	\$74	\$77		12-19	\$82	\$88
	20-24	\$101	\$145		20-24	\$85	\$123		20-24	\$97	\$137
	25-29	\$127	\$185		25-29	\$105	\$157		25-29	\$118	\$175
	30-34	\$134	\$234		30-34	\$112	\$198		30-34	\$124	\$220
	35-39	\$156	\$262		35-39	\$133	\$221		35-39	\$145	\$249
	40-44	\$176	\$258		40-44	\$150	\$218		40-44	\$165	\$243
	45-49	\$220	\$274		45-49	\$187	\$231		45-49	\$207	\$259
	50-54	\$255	\$310		50-54	\$215	\$262		50-54	\$241	\$292
	55-59	\$332	\$356		55-59	\$281	\$301		55-59	\$313	\$335
	60-64 <sup>2</sup>	\$436	\$411		60-64 <sup>2</sup>	\$366	\$346		60-64 <sup>2</sup>	\$410	\$384

Rates are for 4/1/09–6/1/09 effective dates and are subject to change. Applicants subject to medical review.





# HMO plans with HSA option 4/1/09–6/1/09 effective dates

## Family plans (2+)

	Age	Subscriber +child <sup>1</sup>		Subscriber +children <sup>1</sup>		Subscriber +spouse <sup>1</sup>	Subscriber+spouse +child <sup>1</sup>	Subscriber+spouse +children <sup>1</sup>
		Male	Female	Male	Female	Male or Female	Male or Female	Male or Female
HSA Option 3,500/100% Family	12-19	\$175	\$182	\$229	\$240	\$238	\$327	\$399
	20-24	\$200	\$288	\$263	\$377	\$314	\$417	\$511
	25-29	\$249	\$366	\$327	\$483	\$400	\$528	\$646
	30-34	\$260	\$461	\$344	\$607	\$455	\$595	\$728
	35-39	\$305	\$518	\$401	\$683	\$532	\$690	\$846
	40-44	\$349	\$510	\$456	\$670	\$594	\$765	\$934
	45-49	\$436	\$540	\$572	\$714	\$667	\$876	\$1,071
	50-54	\$504	\$611	\$663	\$805	\$729	\$973	\$1,191
	55-59	\$655	\$703	\$864	\$923	\$886	\$1,213	\$1,483
	60-64 <sup>2</sup>	\$860	\$808	\$1,130	\$1,063	\$1,156	\$1,589	\$1,938
HSA Option 5,000/100% Family	12-19	\$135	\$140	\$176	\$185	\$185	\$255	\$314
	20-24	\$153	\$220	\$202	\$290	\$243	\$328	\$401
	25-29	\$191	\$282	\$252	\$370	\$310	\$415	\$507
	30-34	\$201	\$355	\$264	\$468	\$354	\$468	\$571
	35-39	\$235	\$399	\$308	\$524	\$414	\$541	\$662
	40-44	\$268	\$392	\$353	\$515	\$461	\$601	\$732
	45-49	\$333	\$416	\$439	\$547	\$517	\$686	\$839
	50-54	\$387	\$470	\$510	\$617	\$568	\$764	\$934
	55-59	\$504	\$541	\$663	\$709	\$690	\$951	\$1,163
	60-64 <sup>2</sup>	\$659	\$620	\$867	\$816	\$898	\$1,245	\$1,521
HSA Option 3,500/80% Family	12-19	\$153	\$162	\$201	\$213	\$212	\$290	\$354
	20-24	\$176	\$253	\$232	\$335	\$276	\$371	\$453
	25-29	\$219	\$322	\$288	\$426	\$353	\$470	\$572
	30-34	\$230	\$408	\$305	\$535	\$401	\$528	\$645
	35-39	\$270	\$456	\$354	\$602	\$468	\$612	\$748
	40-44	\$308	\$449	\$405	\$594	\$524	\$679	\$827
	45-49	\$386	\$477	\$506	\$630	\$586	\$775	\$951
	50-54	\$445	\$539	\$585	\$711	\$642	\$865	\$1,056
	55-59	\$579	\$619	\$762	\$813	\$781	\$1,078	\$1,314
	60-64 <sup>2</sup>	\$759	\$714	\$996	\$938	\$1,018	\$1,408	\$1,719
HSA Option 5,000/80% Family	12-19	\$118	\$123	\$156	\$163	\$163	\$226	\$276
	20-24	\$136	\$195	\$179	\$255	\$215	\$290	\$354
	25-29	\$169	\$249	\$220	\$327	\$274	\$367	\$449
	30-34	\$178	\$311	\$234	\$412	\$310	\$414	\$505
	35-39	\$208	\$350	\$273	\$465	\$361	\$478	\$584
	40-44	\$236	\$347	\$310	\$454	\$405	\$529	\$650
	45-49	\$296	\$366	\$388	\$482	\$454	\$608	\$741
	50-54	\$341	\$414	\$449	\$544	\$498	\$673	\$826
	55-59	\$444	\$474	\$584	\$625	\$605	\$841	\$1,029
	60-64 <sup>2</sup>	\$582	\$547	\$765	\$720	\$791	\$1,099	\$1,343

<sup>1</sup>Family coverage is based on the age of the oldest family member applying (the oldest family member applying is the subscriber).

<sup>2</sup>If you are 65 or older, please inquire about our coverage for Medicare-eligible members at 1-888-468-0100.

[illegible]

Kaiser Permanente for Individuals and Families  
1-800-792-2034

Apply today!

KAISER PERMANENTE®  **thrive**