



# Welcome to VSP.®

## Get access to the best in eye care and eyewear with VSP.

You've made the right decision to enroll in an Individual Vision Plan. Vision care is personal and so is your relationship with your eye doctor. As a member, you'll receive access to care from great eye doctors, quality eyewear, and the affordability you deserve, all at low out-of-pocket costs.

### Using your VSP benefit is easy.

#### 1. Create an account at [vsp.com](https://vsp.com).

Once your plan is effective, login using your Social Security number to:

- See coverage details, print your member reference card, and see your VSP network doctor visits.
- Manage your account and update payment information safely and securely.
- Get insights into your plan savings and tips to maximize your benefits.

#### 2. Find a VSP network doctor who's right for you.

- Keep your doctor, or choose from our network of 34,000 providers.
- To find a doctor, visit [vsp.com](https://vsp.com) or call **800.877.7195**.
- Choose a Premier Program location to get the most out of your benefits at one convenient location.

#### 3. Get a comprehensive eye exam and the perfect eyewear.

- At your appointment, tell them you have VSP.
- There is no ID card necessary.

**That's it! We'll handle the rest**—there are no claim forms to complete when you see a VSP network doctor.

We guarantee your satisfaction. If you're not 100% happy with the eye care and eyewear you receive from a VSP network doctor, we'll make it right.

Contact us. **800.877.7195** | [vsp.com](https://vsp.com)



A dark blue square with a white border. Inside the square, the words 'EXCLUSIVE MEMBER EXTRAS' are written in white, uppercase, sans-serif font, stacked vertically.

Enjoy Exclusive Member Extras from VSP and industry leading brands—totaling more than \$2,500 in savings—that you can't find anywhere else.

- Up to 60% savings on digital hearing aids and receive discounts on batteries.<sup>1</sup>
- Savings on lenses, contacts, LASIK, and more.
- Visit [vsp.com/offers](https://vsp.com/offers) to view all offers.

# Your VSP Vision Benefits Summary

## VSP Individual Plan: Lens Advantage Plan

Benefit	Description	Copay	Frequency
Your Coverage with a VSP Doctor <sup>2</sup>			
WellVision Exam®	• Focuses on your eyes and overall wellness	\$20	Every 12 months
Prescription Glasses		\$25	See Frame and Lenses
Frame	• \$200 allowance for a wide selection of frames <b>OR</b> • \$220 allowance on a featured frame brand • 20% savings on the amount over your allowance	Included with Prescription Glasses	Every 12 months
Lenses	• Single vision, lined bifocal, and lined trifocal lenses • Impact-resistant (polycarbonate) lenses for children	Included with Prescription Glasses	Every 12 months
Lens Enhancements	• Scratch-resistant coating	\$0	Every 12 months
	• Progressive lenses (no-line bi/trifocals, ranging from standard to custom)	\$0 – \$55	
	• Anti-reflective coating	\$20	
	• Light-to-dark lens tinting (photochromic adaptive lenses)	\$20	
• Average 20-25% savings on other lens enhancements			
Contacts (instead of glasses)	• \$150 allowance for contacts and contact lens exam (fitting and evaluation) • 15% savings on a contact lens exam	\$0	Every 12 months
Extra Savings	<b>Glasses and Sunglasses</b> • Extra \$20 to spend on a featured frame brand, which is on top of your frame allowance. <sup>3</sup> Simply choose a featured frame brand from your VSP network doctor and the extra \$20 will be automatically applied to your purchase. • 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP network doctor within 12 months of your last WellVision Exam.		
	<b>Retinal Screening</b> • No more than a \$39 copay on routine retinal screenings as an enhancement to your WellVision Exam.		
	<b>Laser Vision Correction</b> • Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities.		
Your Coverage with Out-of-Network Providers			
Get the most out of your benefits and greater savings with a VSP network doctor. If you visit an out-of-network provider, you will have higher out-of-pocket expenses.			
Exam.....	up to \$45	Lined Bifocal Lenses.....	up to \$50
Frame.....	up to \$70	Lined Trifocal Lenses.....	up to \$65
Single Vision Lense.....	up to \$30	Progressive Lenses.....	up to \$50
		Contacts.....	up to \$105
Note: If you choose to see an out-of-network provider, you'll receive less coverage. Payment is expected at the time of your visit. Following your appointment, you'll need to complete a claim form and include any itemized receipts. You can complete and submit the form on <a href="http://vsp.com">vsp.com</a> or call <b>800.877.7195</b> to request a hard copy form. Address to Vision Service Plan, Attention: Claim Services, P.O. Box 385018, Birmingham, AL 35238-5018. Out-of-network coverage is not available in the states of Massachusetts and Washington, and coverage varies in the state of Maryland.			

### Renewing your Annual Plan

Your plan will automatically renew at the end of your annual policy period and the payment information you provided us will be automatically charged for the appropriate amount. We'll remind you 60 days in advance of your renewal. Any changes to your plan must be made by phone within 30 days of your renewal date. For questions, visit [vsp.com](http://vsp.com) or call us at **800.877.7195**.

### Automatic Payment

VSP will automatically charge the form of payment you provided, beginning 1-2 weeks before your plan's effective date. If you selected the monthly payment option for your annual contract term, you're obligated to pay the required annual premium in twelve (12) monthly installments, regardless of when the benefits are used. To update your payment information, visit [vsp.com](http://vsp.com) or call us at **800.877.7195**.

Based on applicable laws, benefits may vary by location.

1. VSP is providing information to its members, but does not offer or provide any discount hearing program. The relationship between VSP and TruHearing is that of independent contractors. VSP makes no endorsement, representations or warranties regarding any products or services offered by TruHearing, a third-party vendor. The vendor is solely responsible for the products or services offered by them. If you have any questions regarding the services offered here, you should contact the vendor directly. TruHearing offers individuals the opportunity to purchase hearing aids at discounted prices, including individuals covered by self-funded health plans not subject to state insurance or health plan regulations. TruHearing is not insurance and not subject to state insurance regulations. TruHearing provides discounts to certain health care groups for hearing aid sales and services; TruHearing provides fitting, programming and three adjustment visits at no cost; the member is obligated to pay for testing, and all post-fitting hearing care services, but will receive a discount from those health care providers who have contracted with TruHearing. Not available directly from VSP in the states of Washington and California.

2. Coverage terms and conditions are set forth in the policy under which the individual consumer is insured, and such terms and conditions vary according to the laws of the state in which the policy was issued.

3. Brands/Promotions subject to change.

# HEALTHY VISION ASSOCIATION MEMBER BENEFITS



## 1800FLOWERS.COM

Enjoy savings on a wide range of gifts from flowers and balloons, to gift baskets and spa products. Order online at **1800flowers.com/nac** or call **1.800.FLOWERS (1.800.356.9377)** and mention code NAC4U.

## 24-HOUR NURSE HELP LINE PLAN

Ask questions and receive unlimited access to information about your health, illnesses, and medications. Call **1.800.982.2401** if you need medical advice.

## CAR RENTAL DISCOUNTS

Receive discounted rates on car rentals when using your member ID.

### Dollar Car Rental

Save 7% off base rates at participating locations. To make a reservation call **1.800.800.4000** and use CDP#3063631.

### Hertz Car Rental

Everyday savings of up to 25% off when you reserve using CDP# 2166137 for either business and leisure travel. To make a reservation call **1.800.654.2200**.

### Thrifty Car Rental

Save 7% off base rates at participating locations. Call **1.800.800.4000** and use CDP#3063632 to make a reservation.

**Note:** Some blackout dates and restrictions may apply. 24-hour advance reservations are required.

## CHOICE HOTELS

Save up to 20% when booking your next overnight stay away at select hotels. Call **1.800.258.2847** or visit **choicehotels.com** and use the code 00753490.

## GATEWAY MEDICARD

Keep your personal medical profile handy at all times so emergency medical personnel will have access to data needed to administer appropriate care. Please visit **gatewaymedicard.com** or call **1.800.992.8044**.

## GYMAMERICA.COM

Use the web's best interactive exercise and diet program to get your body in shape! Association members receive three months for the price of two. Visit **gymamerica.com/NAC** and sign up today.

## MY ASSOCIATION SAVING BENEFITS PERKS PROGRAM

**officediscounts.org/hva.html**

Office Depot and OfficeMax are now one company! Healthy Vision Association Members can save up to 80% on over 93,000 products.

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**AS A MEMBER  
YOU'LL HAVE  
ACCESS  
TO EXCLUSIVE  
DISCOUNT  
PROGRAMS.**

on everyday goods and services, while supporting vision-related charities, too.

# HEALTHY VISION ASSOCIATION MEMBER BENEFITS



## OFFICE DEPOT SUPPLIES AND FURNITURE

Receive up to 30% savings on the list price of more than 16,000 items, and 40% in-store on document binding services and high-speed digital copying. To start saving, visit **business-edge.net** and click on the Become A Member tab.

## PREVENTATIVE HEALTH SCREENINGS

Life Line Screening's services are designed for early detection of potential health problems leading to stroke, aortic aneurysms, arterial disease and osteoporosis. Find a screening location convenient to you at **lifelinescreening.com/hva** or call **1.866.964.9973**.

## SAFETYNET CHILD ID

Register your children so authorities will be able to provide faster, more complete information should a child go missing. To obtain an application for an ID card, visit **safetynetchildid.com** or call **1.800.992.8044**.

## TRUE CAR AUTO BUYING SERVICE

You can save time and money shopping for a new or used car with the Member Auto Buying Service through TRUE CAR. To get started, visit **myassociationmembership.truecar.com**.

## UPS EXPRESS DELIVERY SERVICES

Save up to 21% on delivery services. Call UPS at **1.800.325.7000** and ask to be linked to the Business AdvantEdge Association discount program or sign up online at **business-edge.net** and click on Member Benefits/UPS.

## VITAMIN DISCOUNT

To get your additional 15% savings visit **swansonvitamins.com** and shop for vitamins and supplements under the Swanson Brands tab. Use the promo code BB15OFF at checkout.

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The Healthy Vision Association

**HELPS ITS  
MEMBERS  
SEE WELL AND  
BE HEALTHY.**

**Learn more. [healthyvisionassociation.com](http://healthyvisionassociation.com) | 800.992.8044**

\*All rebates and special offers are subject to change.

**Note:** Healthy Vision Association discounts aren't health insurance, and we don't make payments directly to medical service providers. It's a discount program, and you're obligated to pay for all healthcare services. You'll receive discounts for services at certain providers who've contracted with the program. The program and its administrators have no liability for providing or guaranteeing service or the quality of service rendered. Visit **healthyvisionassociation.com** for program availability in all states.